## Curriculum for the Bachelor programme in Classical Ballet

## 180 credits

Approved by the Academy Board (19.06.12) Revised by the dean (28.11.14, 22.08.19, 07.10.21, 16.02.23)

#### Table of contents:

PART 1	. 2
1.1. BRIEF OUTLINE OF THE BACHELOR PROGRAMME	. 2
1.2. BRIEF DESCRIPTION OF THE PROGRAMME	. 2
1.3. Admission	. 2
1.4. LEARNING OUTCOMES	. 3
1.5. STRUCTURE AND IMPLEMENTATION.	. 3
1.5.1. Programme Structure	. 4
1.5.2. Exchanges	. 5
1.6. TEACHING AND LEARNING METHODS	. 5
1.7. Assessment	. 5
1.8. QUALITY ASSURANCE	. 6
PART 2	. 7
COURSE DESCRIPTIONS FOR THE 1 <sup>ST</sup> YEAR OF STUDY	. 7
2.1.1 Classical Ballet part 1	
2.1.2 Artistic Expression and Interpretation part 1	
2.1.3 Modern and Contemporary Dance part 1	10
2.1.4. Choreographic Studies part 1	11
2.1.6. Health Studies part 1	
2.1.7. Norwegian part 1 and alternate course	
2.1.7.1. Alternative to Norwegian part 1: Health Studies	
2.1.8. English	
2.2 COURSE DESCRIPTIONS FOR THE 2 <sup>ND</sup> YEAR OF STUDY	
2.2.1. Classical Ballet part 2	18
2.2.2. Artistic Expression and Interpretation part 2	
2.2.3 Modern and Contemporary Dance part 2	
2.1.4. Choreographic Studies part 2	
2.2.5. Dance Technique Support Studies part 2	
2.2.6. History and Theory of Dance part 1	
2.2.7 Norwegian part 2 and alternate course	
2.3. COURSE DESCRIPTION FOR THE 3 <sup>RD</sup> YEAR OF STUDY	
2.3.2. Artistic Expression and Interpretation part 3	
2.3.5. History and Theory of Dance part 2	
2.3.6. Professional Preparation	
2.3.7. Norwegian part 3 and alternate course	
2.3.7.1 Alternative to Norwegian part 3: Artistic Expression and Stage Presentation	
2.3.8. Elective course	38

## PART 1

Name of the Programme	Bachelor programme in Classical Ballet Bachelorstudium i klassisk ballett
Programme Code	ВАКВ
Leads to qualification	Bachelor Degree in Classical Ballet Bachelor i klassisk ballett
Nominal length of study	3 years - full Time
Credits	180
Language of instruction	Norwegian, with special teaching arrangements for English-speaking students

## 1.1. Brief outline of the Bachelor programme

## **1.2. Brief Description of the programme**

The Bachelor Degree in Classical Ballet is a three year, full-time course for the education of professional dancers. The programme is designed for particularly talented ballet students who, after having completed their secondary school education, want to specialise in Classical Ballet. The programme gives students the opportunity to develop the necessary knowledge, ability and attitude to become independent and assured dancers.

The programme gives the student a strong ballet technique, a comprehensive vocabulary of movement, the possibility of developing self-expression and independence in their work. The different areas of expertise are presented in a balanced relationship to each other, so that the students can develop their talents in an ambitious, demanding and safe teaching environment.

A completed programme earns 180 credits and a Bachelor degree in Classical Ballet.

After the completed programme, the student will be qualified to dancing with the Norwegian National Ballet, other Norwegian and foreign dance companies and in the independent dance field.

The programme has special teaching arrangements for English-speaking students so that all courses and options can be completed without being proficient in Norwegian.

The completed programme qualifies students to undertake higher education in dance, choreography, pedagogical training, and other subjects.

## 1.3. Admission

Admission is given on the basis of audition results, Higher Education Entrance Qualification and qualification via participation in the final at the international ballet competitions Prix de Lausanne and Youth America Grand Prix. Applicants are ranked on the basis of the results of the entrance auditions and competitions and is assessed by the same admissions committee.

In the admission process the emphasis will be primarily on dance skills, ability to communicate, potential for development, personal qualities, and physical condition in relation to the high demands required of today's ballet dancers.

The language of instruction is Norwegian, but special teaching arrangements are provided for Englishspeaking students. All applicants must be proficient in English. Exceptions may be made to the requirement of a Higher Education Entrance Qualification for applicants who can document special professional qualifications set by the program.

## 1.4. Learning outcomes

On completing the programme, the student should:

- be able to display a classical ballet technique of high professional standard
- be able to interpret movement and show independent, artistic expression
- be able to perform relevant classical ballet repertoire, including the repertoire from the Norwegian National Ballet
- master the basic principles and relevant repertoire within contemporary dance
- have an independent and reflective attitude to work ethics
- be co-creative in choreographic work processes
- have a sound knowledge of a dancer's health requirements and an understanding of what is needed for a good and healthy working life when it comes to mental and physical activity, nutrition and injury prevention
- be able to reflect on dance as a cultural tradition and an artistic expression and be able to describe and evaluate the art of dance
- be proficient in Norwegian, English and social sciences

## 1.5. Structure and Implementation

The courses are organised within the following main areas :

- Classical ballet
- Stage presentation
- Contemporary dance
- Choreographic studies
- Dance technique, support studies
- Supplementary training and health-related subjects
- History and theory of dance
- Professional preparation
- Norwegian studies
- English studies
- Optional subject

The various courses, interacting with each other, will promote a continuous, stimulating progression towards professionalism and a high level of capability and contribute to give the student the overall proficiency described in point 1.4.

The emphasis will be on creating an entirety in the educational process by providing as many related connections as possible. Performance activity is connected to the work in the technical dance classes. Theoretical and practical subjects are integrated into the performance work as much as possible.

Ballet and ballet-related subjects constitute the major part of the programme. Daily classes in classical ballet, as well as pas de deux, repertoire, pointe work, basic physical training, choreographic studies and contemporary dance, together with stage presentation, generate most of the credits.

Because the programme is designed especially for young people who have completed their secondary education, it includes social sciences, English and Norwegian studies. The Norwegian studies are held in working hours and are at the level of the third year in upper secondary school. Therefore, in addition to a Bachelor Degree in Classical Ballet, a completed programme provides Higher Education Entrance

Qualification.

The study programme provides special teaching arrangements for students who are proficient in English only so that all courses and other options can be completed without the need to be proficient in Norwegian.

The scope of the programme and/or workload in each course is described in terms of credits. 60 credits are equivalent to one-year of full-time study. One credit is equivalent to 25 to 30 actual hours of work for the student.

## 1.5.1. Programme Structure

Overview of all curses with credits:

Course code	Course title	Cre	Credits per year		
		1 <sup>st</sup> year	2 <sup>nd</sup> year	3 <sup>rd</sup> year	
KB101	Classical Ballet part 1	30			
KB102	Artistic Expression and Interpretation part 1	6			
KB103	Modern and Contemporary Dance part 1	4			
KB104	Choreographic Studies part 1	4			
KB105	Dance Technique Support Studies part 1	2			
KB106	Health Studies part 1	5			
KB107	Norwegian part 1 (+ alternative to Norwegian Studies)	5			
KB108	English	4			
KB201	Classical Ballet part 2		25		
KB202	Artistic Expression and Interpretation part 2		10		
KB203	Modern Contemporary Dance part 2		5		
KB204	Choreographic Studies part 2		5		
KB205	Dance Technique Support Studies part 2		4		
KB209	History and Theory of dance part 1		6		
KB207	Norwegian part 2 ( + alternative to Norwegian Studies)		5		
KB301	Classical Ballet part 3			25	
KB302	Artistic Expression and Interpretation part 3			12	
KB303	Modern and Contemporary dance part 3			4	
KB304	Choreographic Studies part 3			4	
KB309	History and Theory of dance part 2			4	
KB310	Professional Preparation			4	

KB307	Norwegian part 3 (+ alternative to Norwegian studies)			5
KB311	Elective course			2
	TOTAL	60	60	60

## 1.5.2. Exchanges

The Oslo National Academy of the Arts facilitates student exchanges with other educational institutions. The students in the Bachelor programme in Classical Ballet may take part in an exchange during the 2nd year of study.

Up-to-date information about the Oslo National Academy of the Arts' exchange agreements is available at <u>www.khio.no</u>.

## 1.6. Teaching and learning methods

The programme rests on artistic, research and experience-based knowledge in close relation to the academic development at The Academy of Dance.

Teacher-led classes, coaching, collaborative projects and independent study form the basis for the different teaching and learning methods in the programme. The students' work mainly consists of physical exercise and creative and/or exploratory involvement with dance. Experience with different types of collaboration is crucial for the preparation of the student's professional careers. Participation in the school performances and presentation work is vital.

In addition, students will acquire some practical, professional knowledge - primarily with The Norwegian National Ballet, where invaluable experience will be gained through the company's repertoire and work techniques.

Teaching can take place collectively and individually, with the focus on each student's development. Accountability for and reflection on their own learning is essential. At the same time, each student's responsibility for the group's progression and understanding of dance as a collective art form is vital. Attending performances, exhibitions and concerts are a vital part of the students work.

The coursework requirements for the programme include:

- completion of all assigned tasks in each course by the scheduled deadlines for submission
- active attendance of compulsory instruction, at least 80%

Further information about the coursework requirements is included in the course descriptions.

Regulations on absences and leaves are set in the 'Forskrift om studiene ved Kunsthøgskolen i Oslo'.

## 1.7. Assessment

Coursework requirements must be approved in order for students to be able to receive a final assessment in the courses.

The courses are assessed on the basis of the learning objectives that have been set for each individual course as well as the coursework requirements.

Assessment during the courses is based on the fulfilment of all the coursework requirements in each course and is performed in collaboration between the teacher, the programme coordinator and the

student.

All continuous assessments are included as a part of the final evaluation of each course.

All courses in the programme are assessed by the awarding of either a pass or a fail grade with the exception of the Norwegian and English courses, which are assessed on a scale from "A" to "F", where "E" is the lowest acceptable pass mark.

Further information about the forms of assessment is presented in the individual course descriptions. The 'Forskrift om studiene ved Kunsthøgskolen i Oslo' ('Regulations on studies at the Oslo National Academy of the Arts') includes further provisions about assessment and exams.

## 1.8. Quality assurance

The Oslo National Academy of the Arts has systems to ensure and further develop the quality of all parts of the education. Students are important contributors to this work, in part by their participation in student evaluations and the annual Learning Environment Survey.

## PART 2

## Course descriptions for the 1<sup>st</sup> year of study

## 2.1.1 Classical Ballet part 1

Klassisk ballett 1

## Brief outline of the course

Credits	30
Course code	KB101
Course level	BA
Course plan	1 <sup>st</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

## Brief description of the course

Classical Ballet covers the most important aspects of professional ballet; classical ballet, pas de deux, ballet repertoire and different forms of supplementary training (for example: floor-barre work, conditioning and others).

The main focus of this course is to develop a classical ballet technique through integration of the artistic, anatomical, musical and technical dance elements which this art form demands.

Working with the dynamics of movement and the students' ability to move musically and spatially is most important. The development of understanding style will be emphasised. This is necessary for the dancer to be able to perform both the traditional, classical repertoire and today's contemporary language of movement.

In ballet, each student's physical condition -- and their own understanding of this -- is of paramount importance. Each student's physical development is emphasised.

The Academy of Dance has developed a detailed progression plan for the study of classical ballet that covers the last three years (16-19 years) of a ballet dancer's eight year professional education (11-19 years). This progression plan has been developed in order to highlight the whole movement repertoire a ballet dancer is expected to master throughout the programme. The progression plan has been developed with a solid foundation in the traditional vocabulary of classical ballet. The terminology in the progression plan is based on that of The Vaganova Method, with some international adaptations. The plan indicates which dance steps the dancer should be able to perform after each semester.

#### Learning outcomes

On completing the course, the student should:

- be able to display technique and artistic expression in classical ballet
- have knowledge of the relevant repertoire

- be able to perform, under guidance, classical ballet with an awareness of musicality, use of space, coordination and understanding of style
- be aware of their own physical potential and be able to show a ballet technique which is in accordance with their own body's capability

## **Teaching and learning methods**

The course consists of teacher-led classes, coaching and independent work. Classes are mostly conducted by a teacher and a pianist with emphasis on developing each dancer's musicality. There will also be project work, dance training and/or apprenticeship, coaching, excursions, performances and the use of video and film.

Teaching can take place in groups of varying size. Teaching is tailored to the progress being made by each group in the programme and takes into account the learning outcomes of the programme and each group's composition.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments
- completed individual progress plan, which shows a personal development graph
- submission of a self-evaluation form

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. Individual evaluation discussions will also be held.

At the end of every semester, each student will receive a written assessment from their main teacher. The subject normally concludes with an evaluation class, where an external examiner will assess the students' current overall achievements in the subject.

The form of assessment is pass/fail.

#### 2.1.2 Artistic Expression and Interpretation part 1

Scenisk formidling 1

#### Brief outline of the course

Credits	6
Course code	KB102
Course level	BA
Course plan	1 <sup>st</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

Every course in the study plan create the foundation for the course Artistic Expression and Interpretation. This course will give the student knowledge of and experience with the collaboration between the technical performance of dance, interpretation and artistic presentation. The course will also give the student experience with different choreographic processes, stage equipment and an insight into the stage as a workplace.

Overview of the course:

- the study of existing works and the development of new works
- interpretation and presentation
- performance work

In working with stage presentation, the focus will be on the wide variation in repertoire. Students are expected to master both the traditional, classical style of expression and more recent choreography. The student's ability to interpret movement and develop integrity and personal expression is an important part of the subject. Students must co-operative actively in the creative process while working with new productions.

In rehearsal and performance work, students will encounter different styles, methods and choreographers. Participation in different ballet competitions will, under special circumstances, form part of the stage presentation for certain students.

#### Learning outcomes

On completing the course, the student should:

- be able to perform classical ballet and other forms of choreographic expression
- have knowledge of and an understanding of themselves as dancers in a collective context
- have experience with presentation and awareness of their own stage presence
- have knowledge of the stage as a work place

## **Teaching and learning methods**

The course consists of teacher-led classes, coaching and independent work. Process-related work over periods of varying length with different presentations and performances is paramount. Presentations and performances will be arranged according to the programme's requirements. There can be presentations or performances of varying size and number throughout the year. Performance work will be tailored to the individual student groups and the principal educational objective. Students will also participate in collaborative projects, including working with students from the Master in Choreography programme.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments
- undertaking the process of rehearsing and developing movement material
- participation in performance work
- involvement in summaries and evaluations

## Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course. During the course, the students work and development will be assessed in relation to the course's learning objectives.

The course is assessed by the subject teachers and/or choreographers in consultation with the

programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.

#### 2.1.3 Modern and Contemporary Dance part 1

Moderne dans og samtidsdans del 1

## **Brief Outline of the course**

Credits	4
Course code	KB103
Course level	BA
Course plan	1 <sup>st</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

#### Brief description of the course

The course will give the student experience in movement material from both established techniques and innovative contemporary expressions. Freedom of movement and expansion of the body's movement repertoire are paramount and students will work with dance qualities that are in contrast to the buoyancy and alignment in classical ballet. Different forms of floor-work provide new movement experiences and the dynamic aspects of this dance genre are considerable.

#### Learning outcomes

On completing the course, the student should:

- have experience of and be able to perform contemporary dance
- have an understanding of contemporary dance as a means of expression

## **Teaching and learning methods**

The course consists of teacher-led classes, coaching and independent work. Classes normally involve groups of students and mainly consist of technical dance training. Attending different performances is a vital part of studying contemporary dance.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments
- submission of self-evaluation documents and involvement in evaluation and development meetings

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. The course is assessed by the subject teachers.

The course is assessed by the awarding of either a pass or a fail grade.

## 2.1.4. Choreographic Studies part 1

Koreografiske fag 1

## Brief Outline of the course

Credits	4
Course code	KB104
Course level	ВА
Course plan	1 <sup>st</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

#### Brief description of the course

Choreographic Studies concentrates on the creative work involved in dance. The course will give the student an insight into and experience of how choreographic processes create an artistic expression and what co-creative contribution the student can provide.

Overview of the course:

- improvisation
- choreographic composition

Improvisation focuses on the creative work involved in dance and will give students experience in experimenting with their own movement material. Through improvisation, students will work on reacting spontaneously to a broad spectrum of kinetic, emotional and intellectual stimuli. The course attaches great importance to each student's individual creative development.

Choreographic composition centres on different methods of processing, developing and structuring movement material into an artistic form. The students will become experienced in techniques which give insight into the development of ideas and movement themes in the choreographic process.

By employing different work methods, the course will develop the students' ability to act jointly with others and contribute to giving the students experience as collaborators in the choreographic work.

## Learning outcomes

On completing the course, the student should:

- have experience in creative work in interaction with others
- have knowledge of basic improvisation techniques

## **Teaching and learning methods**

The course consists of teacher-led classes, coaching and independent study. Creative assignments, lectures and written work are also included. Classes can involve groups of varying size. Lessons are tailored to fit the progression and the course learning objectives and take account of each group's composition.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. The course will be assessed by the subject teacher in consultation with the programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.

#### 2.1.5. Dance Technique Support Studies 1

Dansetekniske støttefag

#### Brief outline of the course

Credits	2
Course code	KB105
Course level	ВА
Course plan	1 <sup>st</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

#### Brief description of the course

Dance Technique Support Studies will contribute to the completion of the student's development in style and technique. The course will also challenge the students with alternative forms of movement and lead to an expansion of the students' experience in dance.

The course content will be adapted to the academic or professional challenges of the group. Examples include character dance, Spanish dance, jazz dance, stylistic historical dance, pas de deux, yoga and pilates.

#### Learning outcomes

On completing the course, the student should:

- be able to perform and describe each individual form of dance and / or the distinctive characteristics of its training
- have an understanding of each particular dance form, the appropriate training and its relevance to classical ballet

## **Teaching and learning methods**

The course consists of teacher-led classes, coaching and independent work. These will, in the main, comprise of practical exercises and training. There will also be different types of project work, excursions, lectures and performances. Classes can involve groups of students in varying numbers. Tuition will conform to the course's progression and learning objective and take into account the group's composition.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. The course is assessed by the subject teacher in consultation with the programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.

## 2.1.6. Health Studies part 1

Helsefag

## Brief outline of the course

Credits	5
Course code	KB106
Course level	BA
Course plan	1 <sup>st</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

#### Brief description of the course

Health Studies will give the student the knowledge and ability to understand and deal with the strains and challenges that accompany professional dancing. Emphasis will be placed on cataloguing individual resources, adequate training, the theory of training, knowledge of health and nourishment, injury prevention and injury treatment.

The course includes basic physical training, anatomy, health and nutrition studies and will give the student knowledge about the structure of the body, its motoric and physiological functions and contribute to the student developing a personal insight and being able to work intelligently with the body in a dance context.

Overview of the course:

- anatomy

- the theory of training
- basic physical training
- nutrition studies

#### Learning outcomes

On completing the course, the student should:

- be able to explain the basic principles of training theory and anatomy and be able to devise and conduct their own training programmes for warm-ups, mobility, strength and stamina in an acceptable way
- be able to explain the relationship between training theory, anatomy and dance from the starting point of their own physical condition
- make use, in an appropriate way, of the knowledge gained about injury prevention and rehabilitation, in their daily activities as dancers
- have knowledge of the body's energy needs and adequate nutrition relative to the dance profession and show a conscious awareness of the challenges that are related to the physical ideal in classical ballet

## **Teaching and learning methods**

The course consists of teacher-led lessons, coaching and independent work. Classes will mainly be conducted by teachers. The programme also demands a measure of independent studying, plus responsibility for the students' own, personal, individual training and development.

Tuition may take place individually or in groups of varying size. Classes will relate to each group's progress in the programme, the learning objectives and each group's composition.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments
- submission of training journal and personal reflections on the student's own individual development and progress
- submission of documentation of the rehabilitation process \*

\* only applies to rehabilitation from injury or disease.

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the student's work and development will be assessed in relation to the course's learning objectives. The course is assessed by the subject teacher in consultation with the programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.

#### 2.1.7. Norwegian part 1 and alternate course

Norsk del 1 og alternativt emne

#### Brief outline of the course

Credits	5 (131 hours)
Course code	KB107
Course level	BA
Course plan	1 <sup>st</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	A-F
Language of instruction	Norwegian
Included in the programme	Bachelor programme in Classical Ballet

The course will provide students with knowledge about Norwegian literature and culture, the language and society, cultural traditions and the mass media. Through the language, a personal and cultural identity, perception of ethics and aesthetics and the ability for self-orientation within Norwegian society will be developed. Norwegian is a course – employing language and text – which includes knowledge about the language as a system and the language functioning through written and oral forms of text. Working with literature has great significance, since literature represents an important part of Norwegian cultural history and because reading has considerable significance in personal and linguistic development.

## Learning outcomes

On completing the course, the student should:

- be able to express themselves with clarity and precision, both in writing and verbally and adapt the content and use of language to personal expression, using correct grammar and style
- master different verbal roles in group conversations and discussions, presentations and lectures as an active participant and listener
- understand the basic elements of text analysis and know the most important genres in fiction and non-fiction literature and be able to write different kinds of texts
- know the primary lineage of Norwegian language history
- be able to explain multilingualism and account for linguistic change as a consequence of the interaction between different languages, now and in the past
- be able to analyse and describe the complex texts found in theatre, film, photography and commercials
- be able to develop, build up, alter and complete a text and use this knowledge in their own writing

## **Teaching and learning methods**

The course consists of teacher-led lessons, coaching and independent study. Classes and lectures will, as a rule, be given by teachers. The course also requires a high level of personal study, projects and written work.

Tuition may take place in groups of varying size. Classes are related to the learning objectives of the course, the progress being made by each group and according to each group's composition.

There will be regular lessons but fewer in periods of presentation and performance work.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments

## Assessment

Coursework requirements must be approved in order for the student to receive a final assessment of the course.

The student's work and development will be assessed during the course, relative to the learning objectives. The course is assessed by the course coordinator.

The course is assessed on a scale from "A" to "F", where "E" is the lowest passing grade.

## 2.1.7.1. Alternative to Norwegian part 1: Health Studies

Alternativ til Norsk del 1; Helsefag

Credits	5
Course level	ВА
Course plan	1 <sup>st</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

#### Brief outline of the course

## Brief description of the course

This course is a further expansion of Health Studies part 1 and will give the student the knowledge of how to accommodate the strains and challenges that accompany professional dancing. Great importance will be given to individual cataloguing of personal resources, suitable training, the theory of training, knowledge of health and nutrition, injury prevention and the treatment of injuries.

The course includes basic physical training, anatomy, health instruction and nutrition lessons. The course will give students information about the body's structure and motoric and physiological functions and contribute to students developing self-awareness and the ability to work sensibly with the body in a dancing situation.

#### Learning outcomes

On completing the course, the student should be able to:

- prepare and conduct their own individual training project under guidance
- analyse and explain the results of their completed, individual training project

## **Teaching and learning methods**

The course consists of coaching and independent work.

The coursework requirement is:

submission of all assignments

## Assessment

Coursework requirements must be approved in order for the student to receive a final assessment of the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. The course will be evaluated by the programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.

## 2.1.8. English

Engelsk

## Brief outline of the course

Credits	4
Course code	KB108
Course level	BA
Course plan	1 <sup>st</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	A-F
Included in the programme	Bachelor programme in Classical Ballet

## Brief description of the course

The course will provide general knowledge of the understanding and use of oral and written English. The course will also include knowledge of society in the English-speaking world and especially in the United Kingdom and the USA. The students should also be able to understand and use English in different circumstances where dance is concerned.

## Learning outcomes

On completing the course, the student should be able to:

- use and understand written presentations in general, and on dance-related subjects especially
- write texts of different genres in English, such as storytelling, formal letters, applications, reports and cohesive reasoning
- give an account of English as an international language in the English-speaking world
- describe the basic historic, geographic and social-related conditions in the United Kingdom and the USA
- communicate in English on relevant subjects

## **Teaching and learning methods**

The course consists of teacher-led lessons, coaching and independent study. Lessons and lectures will mainly be conducted by teachers. The course also requires independent study, projects and written work.

Tuition can be organised in groups of varying size. Classes are related to the course learning objectives, the progress being made by each group and according to each group's composition. In this course there will be continuous tuition, but less in periods of presentation and performance.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments

#### Assessment

Coursework requirements must be approved for the student to receive a final assessment of the course. During the course, the students work and development will be assessed in relation to the course's learning objectives. The course will be assessed by the course teacher.

The course is assessed on a scale from "A" to "F", where "E" is the lowest passing grade.

## 2.2 Course descriptions for the 2<sup>nd</sup> year of study

## 2.2.1. Classical Ballet part 2

Klassisk ballett 2

## Brief outline of the course

Credits	25
Course code	KB201
Course level	BA
Course plan	2 <sup>nd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

## Brief description of the course

Classical Ballet 2 covers the most important areas of professional Ballet training; classical ballet, pas de deux, ballet repertoire and different kinds of supplementary training (for example: floor-barre, body conditioning, etc.).

The main objective of the course is to develop a classical ballet technique through integration of the artistic, anatomical, musical and technical dance elements that the art form requires.

Working with the dynamics of movement and the student's ability to move musically and spatially is essential. Great importance will be placed on the development of an understanding of style, which is necessary for the dancer to be able to perform both the traditional classical repertoire and the more recent contemporary language of movement.

In ballet, every student's physical condition and their personal understanding of this, is crucial. Each individual student's physical development is of great importance in the course.

The Academy of Dance has developed a detailed progression plan for the study of classical ballet that covers the last three years (age 16-19 years) of a ballet dancer's eight years' professional education (age 11-19 years).

This progression plan has been developed in order to highlight the whole movement repertoire a ballet dancer is expected to master throughout the programme. The progression plan has been developed with a solid connection to the traditional vocabulary of classical ballet. The terminology of the progression plan is based on The Vaganova Method, with some international adjustments. The plan indicates which dance steps the student should be able to perform after each semester.

#### Learning outcomes

On completing the course, the student should:

- be able to show technical and artistic ability at a high professional level in classical ballet, pas de deux and the relevant repertoire at a high level
- be able to perform classical ballet with an awareness of musicality, use of space, coordination and understanding of style
- be able to take responsibility for their own physical development and show good ballet technique in accordance with their own body's capability
- be able to describe classical ballet in relation to or in contrast with current theatrical dance performances

## **Teaching and learning methods**

The course consists of teacher-led lessons, coaching and independent study. Classes are customarily given by a teacher and a pianist and with emphasis placed on developing each dancer's musicality. There will also be project work, dance training / apprenticeship, coaching, excursions, performances and the use of video and film.

Classes can involve groups of varying size and are based on the progress being made in the course, assessed in relation to the course's learning objectives. Attention is also paid to each group's composition.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments
- completion of an individual progression plan, containing a personal development graph
- submission of a self-evaluation form

## Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the student's work and development will be assessed in relation to the course's learning objectives. Individual evaluation discussions will be held.

At the end of every semester, each student will receive a written assessment from their primary teacher. The subject normally concludes with an evaluation class, where an external examiner will assess the students' current overall achievements in the subject.

The course is assessed by the awarding of either a pass or a fail grade.

## 2.2.2. Artistic Expression and Interpretation part 2

Scenisk formidling 2

## Brief outline of the course

Credits	10
Course code	KB202
Course level	ВА
Course plan	2 <sup>nd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

## Brief description of the subject

Every course in the study plan creates the foundation for the course Artistic Expression and Interpretation. This course will give the student knowledge of and experience with the collaboration between the technical performance of dance, interpretation and artistic presentation. The course will also give the student experience with different choreographic processes, stage equipment and an insight into the stage as a workplace.

In working with the artistic expression and interpretation, the focus will be on great variation in repertoire. It is essential for students to master both expressions of traditional, classical style and more recent choreography. The student's ability to interpret movement and develop integrity and personal expression is an essential part of the course. Students must also collaborate actively and creatively while working with new productions.

In rehearsal and performance work, students will encounter differing forms of style, working methods and choreographers. Participation in various ballet competitions will, in special circumstances, form a part of Stage Presentation for selected students.

Overview of the course:

- the study of existing works and the development of new works
- presentation, interpretation and the development of roles
- performance work

#### Learning outcomes

On completing the course, the student should:

- be able to perform classical ballet and other choreographic presentations at a high level
- have an awareness about themselves as dancers in a wider perspective and an understanding of the collective process
- be experienced in giving expression and meaning to movement and understand the significance of stage presence
- be able to contribute to choreographic work processes

#### **Teaching and learning methods**

The course consists of teacher-led classes, coaching and independent work. During this period, related work with presentations and performances is of significant importance.

Displays and performances will be arranged according to the requirements of the programme. Throughout the year the number and scope of presentations and performances may vary.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments
- fulfilment of the rehearsal process and development of the movement material
- participation in performance work
- involvement in summarising and evaluation

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. The course is assessed by the teacher and/or a choreographer in consultation with the programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.

#### 2.2.3 Modern and Contemporary Dance part 2

Moderne dans og samtidsdans 2

## Brief outline of the course

Credits	5
Course code	KB203
Course level	BA
Course plan	2 <sup>nd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

#### Brief description of the course

Modern and Contemporary Dance part 2 will give the student experience in movement material from both established techniques and innovative, contemporary expression. Freedom of movement and expansion of the body's movement vocabulary is paramount and students will work with dance qualities that contrast with the buoyancy and importance of alignment in classical ballet. Different forms of floor work stimulate new movement experiences and the dynamic aspects of this dance form are of great importance.

#### Learning outcomes

On completing the course, the student should:

- be able to perform relevant forms of contemporary dance, with special emphasis on musicality and dynamics in the light of this dance form's particular characteristics
- have an understanding of contemporary dance as an artistic form of expression and its relevance in relation to classical ballet

## **Teaching and learning methods**

The course consists of teacher-led classes, coaching and independent study. Classes are normally taught in groups and consist mainly of technical dance training. Attending relevant performances is a

central part of the work with contemporary dance.

Classes can be in groups of varying size and relate to the progress being made, by each group relative to the programme's learning objectives and according to each group's composition.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments
- submission of personal evaluation reviews and participation in evaluation and development meetings

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives.

The course is assessed by the awarding of either a pass or a fail grade.

#### 2.1.4. Choreographic Studies part 2

Koreografiske fag 2

#### Brief Outline of the course

Credits	5
Course code	КВ204
Course level	BA/MA
Course plan	2 <sup>nd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

#### **Brief Description of the course**

Choreographic Studies part 2 focuses on the work aspect involved in creating dance. The course will give the student an insight into, and experience of, how choreographic processes create an artistic expression and what co-creative contribution can be made.

Overview of the course:

- improvisation
- choreographic composition

Improvisation focuses on the creative work involved in dance and is designed to give students experience in experimenting with their own movement material. Through improvisation, students work on reacting spontaneously to a broad spectrum of kinetic, emotional and intellectual stimuli. The course emphasises the importance of each student's individual creative development.

Choreographic composition focuses on the different methods of processing, developing and

structuring of movement material into an artistic form. Students will gain experience in techniques which give an insight into how ideas and movement themes are developed in the choreographic process.

Utilising different work methods, the course will develop students' ability to interact jointly with others and contribute to giving students experience as creative collaborators in choreographic work.

#### Learning outcomes

On completing the course, the student should:

- have a sound knowledge of basic improvisation techniques
- be able to work independently with the creative processes of dance
- have experience of choreographic composition

## **Teaching and learning methods**

The course consists of teacher-led lessons, coaching and independent study. Creative assignments, lectures and written work are also included.

Classes are held for groups of varying size. The classes are tailored to the progress being made by each group and to the learning objectives of the course. The composition of each group is also taken into consideration.

The coursework requirements are:

- mandatory attendance and participation in class
- submission of all assignments

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. The course will be assessed by the course teacher in consultation with the programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.

## 2.2.5. Dance Technique Support Studies part 2

Dansetekniske støttefag 2

## Brief outline of the course

Credits	4
Course code	KB205
Course level	BA
Course plan	2 <sup>nd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

Dance Technique Support Studies part 2 will contribute to the completion of the student's development in style and technique. Additionally, the course will challenge students with alternative forms of movement and lead to a broadening of their total experience in dance.

The course will be adjusted according to the academic or professional challenges of each group. Examples of the course content include character dance, Spanish dance, jazz dance, stylistic historical dance, pas de deux, yoga and pilates.

## Learning outcomes

On completing the course, the student should:

- be able to perform and describe the various types of dance involved in the course and the characteristics of their appropriate forms of tuition
- have an understanding of each particular type of dance and its training and of their relevance to classical ballet

## **Teaching and learning methods**

The course consists of teacher-led classes, coaching and independent work. This will mainly comprise of practical exercises and training. There will also be different types of project work, excursions, lectures and performances.

Classes can take place in groups of varying size and are adjusted to the progress being made in the course by each group, relative to the learning objectives of the course and the composition of each group.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. The course will be assessed by the course teacher in consultation with the programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.

## 2.2.6. History and Theory of Dance part 1

Kunst- og danseteori

## Brief outline of the course

Credits	6
Course code	KB209

Course level	ВА
Course plan	2 <sup>nd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

The course sheds light on the significance of dance, its evolution and its place in society. Additionally, the importance, characteristics and expression of different, historical dance epochs are explored. The students' understanding of art and dance will be aided by means of their own observing, describing, reflecting on and evaluating dance from personal practice and an individual standpoint.

## Learning outcomes

On completing the course, the student should:

- have knowledge of the structures, workings and organisation of society
- know about the historical evolution of dance, emphasising the development of classical ballet
- have knowledge of the central themes of the theory of dance and be able to participate actively in any relevant discussion

## **Teaching and learning methods**

The course consists of teacher-led classes, coaching and individual study. It is expected that students will also benefit from voluntary attendance at performances, exhibitions and concerts.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments

## Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. The course will be assessed by the course teacher in consultation with the programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.

#### 2.2.7 Norwegian part 2 and alternate course

Norsk del 2 og alternativt emne

## **Brief Outline of the course**

Credits	5 (131 hours)
Course code	KB207
Course level	ВА
Course plan	2 <sup>nd</sup> year

Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	A-F
Included in the programme	Bachelor programme in Classical Ballet

Norwegian part 2 will give the student information about Norwegian literature and culture, the language and society, cultural traditions and mass media. Through the language, a personal and cultural identity, an ethical and aesthetic sense and the ability to orientate oneself in the society will be developed. Norwegian part 2 is an oral and written course that includes knowledge about the language as a system and the language functioning through written and oral forms of text. Working with literature is of great importance, not only because literature is a major constituent of Norwegian cultural history, but also because reading has considerable significance in personal and linguistic development.

## Learning outcomes

On completing the course, the student should:

- be able to express themselves clearly and precisely, both in writing and orally, show a capability to adapt content and use of the language according to the context involved and correct use of grammar and stylistics
- master different verbal roles in group conversations and discussions, presentations and lectures as an active participant and listener
- master basic elements of text analysis and know the most important genres in fictional and nonfictional literature and be able to write different kinds of texts
- know the main lineage of Norwegian language history
- be able to explain multilingualism and comment on linguistic change as a result of the interaction between different languages in the past and in the present
- be able to analyse and describe complex texts like theatre, film, photography and advertisements
- be able to develop, build up, change and complete a text and use this knowledge in their own writing

## **Teaching and learning methods**

The course consists of teacher-led classes, coaching and independent study. Usually, lessons and lectures will be conducted mainly by teachers. The course also requires independent study, projects and written work.

Tuition is tailored to the overall progress being made by each group during the course, relative to the learning objectives of the course and according to each group's composition.

In Norwegian part 2 there will be regular tuition, but less during periods of demonstration and performance work.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments

## Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. The course is assessed by the person with course responsibility.

The course is assessed on a scale from "A" to "F", where "E" is the lowest passing grade.

## 2.2.7.1. Alternative to Norwegian part 2: History and Theory of Dance

Alternativ til Norsk del 2; Kunst- og danseteori

#### Brief outline of the course

Credits	5
Course level	BA
Course plan	2 <sup>nd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

## Brief description of the course

The course sheds light on the significance of dance, its evolution and its place in society. Additionally, the importance, characteristics and expression of different historical epochs in dance are encompassed. The students' understanding of art and dance will be reinforced by means of their own individual observations, descriptions, reflections on and evaluation of dance from a practical aspect and personal points of view. This course is a wider-ranging extension of the course History and Theory of Dance part 1.

## Learning outcomes

On completing the course, the student should:

- be able to describe and reflect on the careers of notable classical ballet artists and put their work and influence in perspective in relation to the historical development of classical ballet

## **Teaching and learning methods**

The course consists of educational guidance and independent study.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. Evaluation will be conducted by the supervisor in consultation with the programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.

# 2.3. Course description for the 3<sup>rd</sup> year of study 2.3.1. Classical Ballet part 3

Klassisk ballett 3

## Brief outline of the course

Credits	25
Course code	KB301
Course level	ВА
Course plan	3 <sup>rd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

## Brief description of the subject

Classical Ballet part 3 covers the most important aspects of professional ballet; classical ballet, pas de deux, ballet repertoire and different kinds of supplementary training (including, for example: floor-barre work, conditioning, etc).

The main focus is on the development of a classical ballet technique through integration of the artistic, anatomical, musical and technical dance elements that the art form requires.

Working with the dynamics of movement and the student's ability to move musically and spatially is significant. Great emphasis will be put on the development of an understanding of style, which is necessary for the dancer to be able to perform both the traditional classical repertoire and the contemporary language of movement.

In classical ballet, every individual's physical condition and their own understanding of this is of great importance. Each particular student's physical progression is closely monitored throughout this course. The Academy of Dance has developed a detailed progression plan for the study of classical ballet that covers the last three years (age 16-19 years) of a ballet dancer's eight years' professional education (age 11-19 years). This progression plan has been developed in order to highlight the whole movement repertoire a ballet dancer is expected to master throughout the course. The progression plan has been developed with a solid connection to the traditional vocabulary of classical ballet. The terminology in the progression plan is based on the Vaganova Method, with some international adjustments. The plan indicates which dance steps the student should be able to perform after each semester.

## Learning outcomes

On completing the course, the student should:

- be able to display technical and artistic dance abilities of a consistently professional level in classical ballet, pas de deux and relevant repertoire
- be able to perform classical ballet with musicality, use of space, coordination, freedom of movement and understanding of style
- be aware of and take responsibility for their own physical progress and show a ballet technique of high standard, according to their own body's capability

- be able to describe, interpret and evaluate classical ballet and reflect on its relevance in relation to current theatrical dance performances

## **Teaching and learning methods**

The course consists of teacher-led lessons, coaching and independent study. Classes are usually conducted by a teacher and a pianist with emphasis placed on developing each dancer's musicality. There will also be project work, practice, internship, coaching, excursions, performances and the use of video and film.

Classes can take place in groups of varying size and are adjusted to the progress being made in the course by each group, relative to the learning objectives of the course and the composition of each group.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments
- a completed, individual progression plan which shows a personal development graph
- submission of a completed self-evaluation form

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course. During the course, the students work and development will be assessed in relation to the course's learning objectives. Individual evaluation discussions will also be held.

At the conclusion of each semester, every student will receive a written assessment from their main teacher. The course will be rounded off with an evaluation class, in which an external examiner will assess the students' levels of achievement. This will take place during the final assessment of the course.

The course is assessed by the awarding of either a pass or a fail grade.

## 2.3.2. Artistic Expression and Interpretation part 3

Scenisk formidling 3

#### Brief outline of the course

Credits	12
Course code	KB302
Course level	ВА
Course plan	3 <sup>rd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballett
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballett

## **Brief Description of the course**

Every course in the study plan creates the foundation for the course Artistic Expression and Interpretation. This course should give the student knowledge of and experience with the collaboration between the technical performance of dance, interpretation and artistic presentation. The course also aims at giving the student experience with different choreographic processes, stage equipment and an insight into the stage as a workplace.

Overview of the course:

- the rehearsal of existing and the development of new works
- presentation, interpretation and the development of roles
- performance work

In working with stage presentation, the focus will be on a range of repertoire. Students will be expected to master the expression of both traditional, classical style and more recent choreography. The student's ability to interpret movement and develop integrity and personal expression is an essential part of the course. Students must also collaborate actively and creatively while working with new productions.

In rehearsal and performance work, students will encounter differing forms of style, working methods and choreographers.

Participation in various ballet competitions will, in special circumstances, form a part of stage presentation for selected students.

#### Learning outcomes

On completing the course, the student should:

- have knowledge about and be able to express different, choreographic and artistic activities at a high level of accomplishment
- have knowledge and awareness about themselves as dancers in a wider perspective and participate actively in the collective process
- be able to give expression and meaning to movement and understand the significance of their own stage presence
- be able to contribute to choreographic work processes
- have understanding of the stage as a work place

## **Teaching and learning methods**

The course consists of teacher-led classes, coaching and independent study. During this period, related work with presentations and performances is of the utmost importance.

Displays and performances will be arranged according to the requirements of the programme. Throughout the year the number and scope of presentations and performances may vary.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments
- fulfilment of the rehearsal process and development of the movement material
- participation in performance work
- involvement in summarising and evaluation

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's

learning objectives. The course is assessed by the course teacher and/or a choreographer in consultation with the programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.

## 2.3.3. Modern and Contemporary Dance part 3

Moderne dans og samtidsdans 3

## Brief outline of the course

Credits	4
Course code	KB303
Course level	ВА
Course plan	3 <sup>rd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

## Brief description of the course

The course should give students experience of movement material from both established techniques and innovative contemporary expression. Freedom of movement and expansion of the body's movement repertoire is crucial and the students work with dance qualities that are in contrast to the buoyancy and importance of alignment in classical ballet. Different forms of floor work lead to new movement experiences and the dynamic aspect of this dance form is vital.

## Learning outcomes

On completing the course, the student should:

- be able to perform and master relevant forms of contemporary dance at a high level and be able to reflect on the relationship between technical dance training and the performance of repertoire and/or new choreography
- be able to perform choreography with artistic expression, musicality and dynamics in view of contemporary dance's distinctive characteristics
- be able to reflect on modern dance and contemporary dance as a method of expression and its relevance in relation to classical ballet

## **Teaching and learning methods**

The course consists of teacher-led classes, coaching and independent study. Classes usually take place in groups and mainly consist of technical dance training. Seeing different performances is a central part of the work with contemporary dance.

Classes will be in groups of varying size and relate to the progress being made, by each group relative to the course's learning objectives and according to each group's composition.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments

- submission of the self-evaluation form and participation in assessment and development discussions

## Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. The course is assessed by the course teacher

The course is assessed by the awarding of either a pass or a fail grade.

#### 2.3.4. Choreographic Studies part 3

Koreografiske fag 3

- -

Brief	outline	of	the	course	

Credits	4
Course code	KB304
Course level	ВА
Course plan	3 <sup>rd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

## Brief description of the course

Choreographic Studies part 3 focuses on the creative work surrounding dance. This course will give the students insight into and experience of how choreographic processes create an artistic expression and what co-creative contribution the practitioner can give.

Overview of the course:

- improvisation
- choreographic composition

Improvisation focuses on the creative work surrounding dance and will give students experience in experimenting with their own movement material. Through improvisation, students work on reacting spontaneously to a broad spectrum of kinetic, emotional and intellectual stimuli. The course gives importance to each student's individual, creative development.

Choreographic composition focuses on different methods of processing, developing and structuring movement material into an artistic form. Students will gain experience of techniques that give insight into the development of ideas and movement themes in the choreographic process.

By employing different work methods, the course will develop the students' ability to interact jointly to contribute to the students experience as co-creators in choreographic work.

#### Learning outcomes

On completing the course, the student should:

- be able to present a personal expression in dance through creative work, in cooperation with others
- master the basic improvisation techniques
- be able to work independently with dance in creative processes
- be able to develop their own movement material, compose and structure this into choreography (solo) according to a given assignment and under guidance

## **Teaching and learning methods**

This course consists of teacher-led lessons, coaching and independent study. Creative assignments and written work are also included.

Classes will be given to groups of varying size and relate to the progress being made, by each group relative to the course learning objectives and according to each group's composition.

Composition and improvisation are taught separately.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. The course will be assessed by the course teacher in consultation with the programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.

#### 2.3.5. History and Theory of Dance part 2

Kunst- og danseteori 2

#### Brief outline of the course

Credits	4
Course code	КВ309
Course level	ВА
Course plan	3 <sup>rd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

#### Brief description of the course

History and Theory of Dance part 2 sheds light on the significance of dance, its evolution and its place in society as well as the importance, characteristics and expression of different historical dance epochs. The students' understanding of art and dance will be aided by means of their own observing, describing, reflecting on and evaluating dance from personal practice and an individual standpoint.

## Learning outcomes

On completing the course, the student should:

- be able to explain the basic history of philosophy, with emphasis on aesthetic theories
- have knowledge of and be able to reflect on the historical development of dance, with emphasis on the evolution of classical ballet
- know about and be able to reflect on the relevant and central themes of dance theory and related problems and be able to participate actively in subject-related debates
- be able to describe, interpret and evaluate selected choreographic works from different periods, with special focus on classical ballet

## **Teaching and learning methods**

This course consists of teacher-led instruction, coaching and independent study. In addition, students are expected to attend performances, exhibitions and concerts.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments
- attending a minimum of 3 performances each semester

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. The course will be assessed by the course teacher in consultation with the programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.

#### 2.3.6. Professional Preparation

Yrkesforberedelse

## Brief outline of the course

Credits	4
Course code	KB310
Course level	BA
Course plan	3 <sup>rd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet Bachelor programme in Jazz Dance Bachelor programme in Contemporary Dance

#### Brief description of the course

This course will give students an awareness of a dancer's complex role in the professional dance milieu and an understanding of the employment market's conditions and possibilities. Of special concern will be practical and current questions related to a dancer's situation both as a freelance and as a member of a ballet company. Topics dealt with in the course may be CV and application writing, professional rights, preparation for auditions, artists' conferences, social orientation, network building, professional ethics etc.

#### Learning outcomes

On completing the course, the student should:

- know about types of contracts, stipend arrangements and administration matters
- be able to create a relevant CV and portfolio
- have knowledge of audition participation
- be able to take part in professional discourse and take the initiative in their own work situation
- compose a relevant stipend application from the point of view of their own personal artistic development
- know about professional ethical issues and consider the occupational demands and expectations which confront the professional dance artist

## **Teaching and learning methods**

This course consists of teacher-led classes, coaching and individual study.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments
- reflective memorandum, relative to their own

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. The course will be assessed by the course teacher in consultation with the programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.

#### 2.3.7. Norwegian part 3 and alternate course

Norsk del 3 og alternativt emne

## Brief outline of the course

Credits	5 (131 hours)
Course code	КВ307
Course level	ВА
Course plan	3 <sup>rd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	A-F

## Brief description of the subject

Norwegian part 3 will give the student information about Norwegian literature and culture, the language and the society, cultural traditions and mass media. Through the language, a personal and cultural identity, an ethical and aesthetic sense and the ability to orientate oneself in the society will be developed. Norwegian part 3 is an oral and written course that includes knowledge about the language as a system and the language functioning through written and verbal forms of text. Working with literature is of great importance, not only because literature is a major constituent of Norwegian cultural history, but also because reading has considerable significance in personal and linguistic development.

#### Learning outcomes

On completing the course, the student should:

- be able to express themselves with clarity and precision, both in writing and verbally and adapt the content and use of language to personal expression using correct grammar and style
- master different, verbal roles in group conversations and discussions, presentations and lectures as an active participant and listener
- understand the basic elements of text analysis and know the most important genres in fiction and non-fiction literature and be able write different kinds of texts
- know the primary lineage of Norwegian language history
- be able to explain multilingualism and account for linguistic change as a consequence of the interaction between different languages, now and in the past
- be able to analyse and describe the complex texts found in theatre, film, photograph and commercials
- develop, build up, alter and complete a text and use this knowledge in their own writing

## **Teaching and learning methods**

The course consists of teacher-led lessons, coaching and independent study. Classes and lectures will, as a rule, be given by teachers. The course also demands a high level of personal study, projects and written work.

Tuition may take place in groups of varying size. Classes are related to the learning objectives of the course, the progress being made by each group and according to each group's composition.

There will be continuous lessons but fewer in periods of presentation and performance work.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments

## Assessment

Work requirements must be approved in order for the student to receive a final assessment of the course.

Students' work and development will be assessed during the course, relative to the learning objectives. The final, written assignment will be assessed by two examiners, of which one is the course coordinator and the other is an external examiner.

The course is assessed on a scale from "A" to "F", where "E" is the lowest passing grade.

# 2.3.7.1 Alternative to Norwegian part 3: Artistic Expression and Stage Presentation

Scenisk formidling

## Brief outline of the project

Credits	5
Course level	BA
Course plan	3 <sup>rd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet

## Brief description of the project

All the courses in the programme build up to and create the basis for the Artistic Expression and Stage Presentation. This course should give the student knowledge of and experience with the collaboration between the technical performance of dance, interpretation and artistic presentation. The course also aims at giving the student experience with different choreographic processes, stage equipment and an insight into the stage as a workplace.

In working with stage presentation, the focus will be on great variation in repertoire. It is expected that students will master both expressions of traditional, classical style and more recent choreography. The students' ability to interpret movement and develop integrity and personal expression is an essential part of the course.

The course is a further extension of the previous course Artistic Expression and Stage Presentation part 3.

Overview of the course:

- rehearsal of two existing solos from the classical ballet repertoire
- presentation, interpretation and the development of roles

#### Learning outcomes

On completing the course, the student should:

- be able to perform solos from the classical ballet repertoire which exemplify different styles within traditional classical ballet
- be able to place these solos in a historical and style-genre context and reflect on the solos' style-related development, with the focus on how these solos are performed in the present day

## **Teaching and learning methods**

The course consists of coaching and independent study.

The coursework requirements are:

mandatory attendance and participation in classes

- submission of all assignments

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. The course will be assessed by the supervisor in consultation with the programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.

#### 2.3.8. Elective course

Valgfritt emne

#### Brief outline of the course

Credits	2
Course code	KB311
Course level	BA
Course plan	3 <sup>rd</sup> year
Prerequisites	Admission to Bachelor programme in Classical Ballet
Assessment	Pass/fail
Included in the programme	Bachelor programme in Classical Ballet Bachelor programme in Jazz Ballet Bachelor programme in Contemporary Dance

#### Brief outline of the course

In the final year of study the students have the opportunity to choose an elective course. The course should give students experience with their own development work and the presentation of this.

Overview of the course:

- supplementary training
- open stage
- dance-related discussions

## Learning outcomes

On completing the course, the student should:

- show independence in meeting technical dance challenges and problem situations, together with being able to plan, carry out and evaluate technical tasks and/or projects alone or with others
- be able acquire, document and reflect on and present professional dance knowledge and activity and thus take responsibility for their own development

## **Teaching and learning methods**

The form of tuition in this course will vary according to the theme the student chooses. There will be a

combination of teacher-guided classes, personal study and project work. The theme should be documented and presented in a suitable way.

The coursework requirements are:

- mandatory attendance and participation in classes
- submission of all assignments

#### Assessment

Coursework requirements must have been met for the student to receive a final assessment in the course.

During the course, the students work and development will be assessed in relation to the course's learning objectives. The course will be assessed by the course teacher in consultation with the programme coordinator.

The course is assessed by the awarding of either a pass or a fail grade.