



Assignment for 1. Round – admission for BA in classical ballet 2023

Exercisies at the barre to be shown alternatively right or left side.

All centre work, allegro and point work exercises should be 16 barres long.

All exercises should show right and left side.

7 segments:

1. Introducing yourself

2. Class video (in soft ballet shoes)

- Warm-up in 1st position with the back to the barre, bare foot to highlight the line and structure of the feet.
- Pliés, (1st, 2nd and 5th positions)
- Tendus/jetés
- Fondu/adagio 45° and **min.** 90° including grand rond de jambe
- Grand battements

3. Centre practice

- Adagio highlighting arabesque and a la second lines and port de bras.
- Pirouette combination including pirouettes en-dehors and en-dedans.

4. Allegro

- Petit allegro on two feet
- Assemble and jeté
- Sissonne
- Grand allegro
- Tours en l'air for the boys

5. Point work

- Echappés and retires
- Pirouettes en-dehors and en-dedans

6. Variation from the classical repertoire

7. Contemporary enchaînements/solo (max. 2 min)